

Ioncleanse – Getting the Issues out of the Tissues!

By: Karen Steward, RNCP, CNP, LCM, PTS.

Many people are discovering the benefits of detoxification with IonCleanse foot bath sessions. A footbath is truly and inviting way to detox the body especially when it claims to detoxify the body better and more efficiently than any herbal or nutritional supplement you can buy. Participants having an ioncleanse treatment simply take off their shoes and socks and immerse their feet in a warm foot bath for 30 relaxing minutes. It is not an ordinary foot bath though. This foot bath contains water and sea salt which carries a gentle electrical charge from a multiple-metallic array placed in the water. This causes the metals within the array, in combination with the water and salt to generate positive and negative charged ions by separating oxygen and hydrogen in the water. If all this sounds too confusing, perhaps you should try a treatment and see for yourself. It is a very comfortable way to facilitate detoxification even with people that have a serious toxic overload. Ioncleanse sessions have been referred to as... *getting the issues out of the tissues!*

When using the IonCleanse array, water is absorbed directly into the human tissue. The fluctuating pH causes antimicrobial activity that occurs metabolically with the session. Yes, the fluctuating pH that occurs during an IonCleanse treatment is like a lethal weapon to bacteria. As a result, whole body detoxification takes place without any effort or discomfort to the person, and by means of a comforting footbath. Reports have been published on the measurement of Heavy Metals found in the water after ioncleanse sessions. Some of the heavy metals measured were lead, copper, arsenic and aluminum. People have reported feeling lighter, more energetic, and relieved of pain even after one session. Particular improvement has been noted with symptoms of gout, edema, and tired achy legs and over-all lack of energy. Individuals that suffer more chronic conditions are sometimes recommended to have more than one session.

If you would like to experience the benefit of an IonCleanse session in the Pickering or Bowmanville area, contact Karen Steward at (905 837-6627).